



Name \_\_\_\_\_ Date \_\_\_\_\_ Patient# \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Occupation \_\_\_\_\_

Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

**Main complaints**

For how long

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_

**Surgery or hospitalization**

Kind of operation or illness

When

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_

**Past illnesses** Circle any illnesses you have had and write date when

	When		When		When
Scarlet fever	_____	Unconsciousness	_____	Tuberculosis	_____
Pneumonia	_____	High blood pressure	_____	Diabetes	_____
Heart attack	_____	Allergy	_____	Chicken Pox	_____
Rheumatic fever	_____	Kidney disease	_____	Cancer	_____
Liver disease	_____	Anemia	_____	Asthma	_____

**Family History**

Age                      If living — list any diseases                      Age                      If deceased list cause

Father	_____	_____	_____	_____
Mother	_____	_____	_____	_____
Brother [B] [ ]	_____	_____	_____	_____
or Sister [S] [ ]	_____	_____	_____	_____
" [ ]	_____	_____	_____	_____
[ ]	_____	_____	_____	_____
Son [S] or [ ]	_____	_____	_____	_____
Daughter [D] [ ]	_____	_____	_____	_____
[ ]	_____	_____	_____	_____
[ ]	_____	_____	_____	_____

**Have any of your blood relatives had the following diseases?** (grandparents, blood-related aunts and uncles) Circle if Yes

Heart disease	Stroke	Kidney disease	Psychiatric disorder	High blood pressure
Cancer	Emphysema	Thyroid disease	Congenital disease	Alzheimer's
Diabetes	Osteoporosis	Allergy	Tuberculosis	

**Social history:**

Tobacco: Yes \_\_\_ No \_\_\_ How much per day? \_\_\_\_\_

Alcohol: Yes \_\_\_ No \_\_\_ How much per day / week / month / year? \_\_\_\_\_

Routinely exercises: Yes \_\_\_ No \_\_\_ How often? \_\_\_\_\_

Number of servings of fruits and vegetables per day \_\_\_\_\_

Caffeine consumption: Yes \_\_\_ No \_\_\_ Sexually active? Yes \_\_\_ No \_\_\_ Contraceptive method: \_\_\_\_\_

Do you always wear your seat belt? Yes \_\_\_ No \_\_\_ Do you wear a helmet? Yes \_\_\_ No \_\_\_

**Medicines you are taking or have taken recently:**

- 1) \_\_\_\_\_ 4) \_\_\_\_\_
- 2) \_\_\_\_\_ 5) \_\_\_\_\_
- 3) \_\_\_\_\_ 6) \_\_\_\_\_

**Allergy to medicine:**

No \_\_\_ Yes (list) \_\_\_\_\_

**Systems review** Circle if Yes

**Metabolic System**

Weight change \_\_\_\_\_

Warmer / colder than others \_\_\_\_\_

Increased sweating \_\_\_\_\_

Goiter \_\_\_\_\_

Increased thirst \_\_\_\_\_

Increased urination \_\_\_\_\_

Skin, hair, nail changes \_\_\_\_\_

**Head, Eyes, Ears, Nose, Throat**

Headache \_\_\_\_\_

Hearing problem \_\_\_\_\_

Eye problem \_\_\_\_\_

Ear pain \_\_\_\_\_

Dizziness \_\_\_\_\_

Nasal drainage \_\_\_\_\_

Sore mouth / throat \_\_\_\_\_

**Cardiovascular**

Chest pain \_\_\_\_\_

Fast / irregular heartbeat \_\_\_\_\_

Ankle swelling \_\_\_\_\_

High blood pressure \_\_\_\_\_

Calf pain with walking \_\_\_\_\_

**Respiratory**

Short of breath \_\_\_\_\_

Wheezing \_\_\_\_\_

Raise phlegm \_\_\_\_\_

Cough up blood \_\_\_\_\_

**Urinary**

Blood in urine \_\_\_\_\_

Urinary frequency \_\_\_\_\_

Pain / burning with urination \_\_\_\_\_

Empty bladder at night \_\_\_\_\_

Bladder leakage \_\_\_\_\_

**Female Patients -**

Spot or menstruate: \_\_\_\_\_

Every \_\_\_\_\_ days, for \_\_\_\_\_ days each period

Age of onset \_\_\_\_\_

Last period \_\_\_\_\_

Breast changes \_\_\_\_\_

Calcium intake \_\_\_\_\_

Do you do self breast exam? \_\_\_\_\_ Yes \_\_\_\_\_ No

Number of pregnancies? \_\_\_\_\_

**Male Patients -**

Impotence \_\_\_\_\_

Changes in urinary stream \_\_\_\_\_

Testicular exam? \_\_\_\_\_ Scrotal lumps \_\_\_\_\_

**REMARKS:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Gastro-Intestinal**

Heartburn \_\_\_\_\_

Nausea / vomiting \_\_\_\_\_

Trouble swallowing \_\_\_\_\_

Abdominal pain \_\_\_\_\_

Blood in stools \_\_\_\_\_

Black stools \_\_\_\_\_

jaundice \_\_\_\_\_

Change in bowel habit \_\_\_\_\_

Constipation \_\_\_\_\_

Diarrhea \_\_\_\_\_

Belching / gas \_\_\_\_\_

Hemorrhoids \_\_\_\_\_

**Musculoskeletal / Neuro / Psychiatric**

Back pain \_\_\_\_\_

Joint pain \_\_\_\_\_

Stiff neck \_\_\_\_\_

Muscle weakness / paralysis \_\_\_\_\_

Tremor / shakes \_\_\_\_\_

Numbness / tingling \_\_\_\_\_

Convulsions \_\_\_\_\_

Fainting \_\_\_\_\_

Depression / anxiety \_\_\_\_\_

Stress \_\_\_\_\_

Sleep poorly \_\_\_\_\_

**Blood / Lymphatic / Constitutional**

Bleeding / bruising \_\_\_\_\_

Anemia \_\_\_\_\_

Enlarged glands \_\_\_\_\_

Fever \_\_\_\_\_

**Allergic / Immunologic**

Hayfever \_\_\_\_\_

Asthma \_\_\_\_\_

Rashes / hives \_\_\_\_\_

**Vaccines:**

Tetanus.....No \_\_\_\_\_ Yes (when) \_\_\_\_\_

Pneumonia.....No \_\_\_\_\_ Yes (when) \_\_\_\_\_

Hepatitis B.....No \_\_\_\_\_ Yes (when) \_\_\_\_\_

Flu.....No \_\_\_\_\_ Yes (when) \_\_\_\_\_

MMR.....No \_\_\_\_\_ Yes (when) \_\_\_\_\_

**Please list other people in your household:**

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